

Belle Aimée Medical Spa-Laser and Cosmetic Center  
**CONFIDENTIAL MEDICAL HISTORY FORM**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
St: \_\_\_\_\_ Zip: \_\_\_\_\_

Date: \_\_\_\_\_  
Home Phone: \_\_\_\_\_  
Cell Phone: \_\_\_\_\_  
Work Phone: \_\_\_\_\_  
Preferred phone to leave message: **H W C**  
E-Mail: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Please describe what you are hoping to achieve with this visit: \_\_\_\_\_

**The following information is necessary for our clinicians to determine your eligibility for treatment.**

List medications you are currently taking: (important to include birth control pills, aspirin, blood-thinners, laxatives, vitamins & herbs)

Medication & Dosage: \_\_\_\_\_ Medication & Dosage: \_\_\_\_\_  
Medication & Dosage: \_\_\_\_\_ Medication & Dosage: \_\_\_\_\_

Are you taking any medications that indicate "Avoid sun exposure"? If so, which one? \_\_\_\_\_

**Are you allergic to anything? (Latex, milk products, oils any scents (candles, oils)? Please describe:**

Surgeries in the last year: \_\_\_\_\_

- Y N Do you have poorly controlled endocrine disorders, such as **diabetes** or Poly Cystic Ovary? \_\_\_\_\_
- Y N Are you currently trying to conceive? \_\_\_\_\_
- Y N Are you pregnant or breast feeding? \_\_\_\_\_
- Y N Do you have a condition stimulated by light? (lupus, porphyria, epilepsy) \_\_\_\_\_
- Y N Do you have a pace maker or defibrillator? \_\_\_\_\_
- Y N Do you have any metal implants? If yes, where: \_\_\_\_\_
- Y N Do you have an impaired immune system? If yes, describe: \_\_\_\_\_
- Y N Do you have an active skin condition? (psoriasis, eczema, herpes, etc.) If yes, describe: \_\_\_\_\_
- Y N Do you have a bleeding disorder? Are you on a blood thinner? If yes, describe: \_\_\_\_\_
- Y N Do you smoke? If you quit, how long ago was it? \_\_\_\_\_
- Y N Do you drink wine, beer or liquor? Amount per week: \_\_\_\_\_
- Y N Do you have a history of skin disorders, keloids, abnormal wound healing as well as a very dry & fragile skin? If yes, explain on back
- Y N Have you had a facial laser resurfacing or deep chemical peel in the past 3 months?
- Y N Have you taken Accutane (severe acne) medication in the past 6 months?
- Y N Have you waxed, tweezed or had electrolysis in the area to be treated in the last 6 weeks?
- Y N Do you bleach any of your body hair or facial hair?
- Y N Do you have Aids or HIV?
- Y N Do you have Hepatitis? If yes, A, B or C (circle which one)
- Y N Do you have excessively tanned skin from the sun, tanning beds or tanning creams within the last 2 weeks?
- Y N Do you have any tattoos or permanent makeup in the treatment area?
- Y N Do you have any severe concurrent conditions, such as cardiac disorders? Explain \_\_\_\_\_
- Y N Are you prone to getting cold sores or fever blisters?

**If you have an disorder not mentioned or if you answered "yes" to any of these questions. Please explain on back-->**

**Skin Type:**

How sensitive are you to the sun? Extremely \_\_\_\_\_ Very \_\_\_\_\_ Moderately \_\_\_\_\_ Minimally \_\_\_\_\_ Not at all \_\_\_\_\_  
How easily do you burn in the sun? Always \_\_\_\_\_ Sometimes \_\_\_\_\_ Minimally \_\_\_\_\_ Rarely \_\_\_\_\_ Not at all \_\_\_\_\_  
How well do you tan? Never \_\_\_\_\_ Minimally \_\_\_\_\_ Gradually light to brown \_\_\_\_\_ Always to dark brown \_\_\_\_\_  
Are you currently tanned? Yes \_\_\_\_\_ No \_\_\_\_\_  
How often do you tan? \_\_\_\_\_

Please tell us if there is any more we should know about your health: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

*I certify that the preceding medical, personal & skin history statements are true and correct. I am aware that it is my responsibility to inform the staff at Belle Aimée Med Spa of my current medical or health conditions and to update this history with any changes that may occur. A current medical history is essential for the caregiver to execute appropriate treatment procedures.*

Signature: \_\_\_\_\_ Date \_\_\_\_\_